

CAREGIVER BURDEN IN PATIENT FAMILIES UNDERGOING CHEMOTHERAPY IN A PRIVATE HOSPITAL IN WEST INDONESIA

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Abstract

Cancer is one of the main causes of mortality in the world. In 2020 around 9.5 million deaths worldwide are caused by cancer. One of the cancer treatments is chemotherapy. The side effects of chemotherapy that cancer patients undergo result in the dependence of cancer patients on caregivers physically, psychologically, emotionally and socially so that the caregiver burden arises. This study aimed to identify the caregiver burden on the families of cancer patients undergoing chemotherapy at a hospital in western Indonesia. This study used a descriptive quantitative research design. The sample in this study was obtained using convenience sampling. The number of samples in this study were 61 respondents. The instrument used in this study was the CRA-ID questionnaire. The description of the caregiver burden on the family shows the best value on self-esteem (median 4.00 ± 0.51) and the highest burden value is on the subscale impact on schedule (median 3.00 ± 0.84). In future research, qualitative methods can be used and research on the relationship between sociodemographic factors and caregiver burden.

Keywords: caregiver, burden, family, chemotherapy