

## MUSCULOSKELETAL DISORDERS IN NURSES

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### **Abstract**

Musculoskeletal disorders are prevalent among healthcare professionals, notably registered nurses. Typically, hospital nurses work long hours in awkward positions, bending and twisting. This study aimed to identify hospital nurses' musculoskeletal disorder complaints. A cross-sectional study was conducted at a private hospital in West Java. 73% of the respondents were female nurses, with an average age of 27.66 ±3.56 years. Nurses reported mild to severe pain based on Nordic Musculoskeletal Disorder Survey. 41% of the nurses reported mild pain in the lower neck, 51% reported moderate pain in the waist, and 12% reported severe pain in the waist. Musculoskeletal disorder complaints from nurses necessitate additional assessment and intervention.

Keywords: musculoskeletal disorders, nurse, pain